



# Irish Posture & Mobility Network Day of Shared Learning

Friday 10<sup>th</sup> March 2023  
Trinity College Dublin

## Programme

	#	Schedule Summary	
08:30		Registration & Networking	
09:00	--	<b>Opening Address</b>	
09:10	01	<b>Occupational Therapy Intervention to Improve the Quality of Life of a Client With Friedreich's Ataxia: A Case Study of Complete Rehabilitation from Complete Dependency to Living Independently</b>	<i>Deepa Pradhan</i>
09:40	02	<b>Global Challenges for Appropriate Wheelchair Provision: Is This Impacting Our Practice?</b>	<i>Rosemary Joan Gowran</i>
10:00	03	<b>Restructuring Wheelchair and Seating Service Provision to a Paediatric Population with Complex Postural and Cognitive Disabilities: A Sustainable Model of Service (Review 2016-2023)</b>	<i>Irina Jackson</i>
10:30		Morning Break	
11:10	04	<b>Are Wheelchair Users Really "Co-Workers" in the Process of Wheelchair Assessment and Provision?</b>	<i>Margaret Kennedy</i>
11:40	05	<b>Becoming a Wheelchair User: Exploring the Experiences of Adults With Spinal Cord Injury as They Adjust to Wheelchair Use</b>	<i>John Lynch</i>
12:00	06	<b>Untangling the Complicated, the Complex and the Wicked: How Can Interdisciplinary Teams Help?</b>	<i>Isweri Pillay</i>
12:30		Lunch + IPMN Meeting	
14:10	07	<b>The AOTI Seating and Posture in Occupational Therapy Advisory Group (SPOT AG): Our Journey and Future Plans</b>	<i>Susie Kelly</i>
14:30	08	<b>Repositioning for Prevention of Pressure Ulcers: Systematic Review</b>	<i>Pinar Avsar</i>
14:50	09	<b>Selection, Placement and Fixation of Flexible Postural Support Devices in Seating</b>	<i>Barend ter Haar</i>
15:30		Comfort Break	
15:40	10	<b>3D Printing of Custom-Contoured Wheelchair Cushions</b>	<i>John Tiernan</i>
16:00	11	<b>3DAssist: A Model for Third Level Engagement in the Community Care Sector</b>	<i>Robbie O'Connor</i>
16:20	--	<b>Closing Address</b>	
16:30		Finish	

v02.01 - 09/03/2023

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08:30		<b>Registration &amp; Networking</b>	
09:00	--	<b>Opening Address</b>	
09:10	01	<p><b>Occupational Therapy Intervention to Improve the Quality of Life of a Client With Friedreich's Ataxia: A Case Study of Complete Rehabilitation from Complete Dependency to Living Independently</b></p> <p>For 17 years, Deepa worked in intensive care, and with adult neurology and neurosurgery patients. She had also been in charge of ICU and ICCU management in occupational therapy. Deepa has extensive experience in community based rehabilitation in villages in India. She has attended rural camps, and taken home visits for clients in the rural area of Thane district, Maharashtra, India. Currently, she is working as Professor and Head of Department of Occupational Therapy affiliated to Yenepoya University, Mangalore, Karnataka, India.</p> <p>A single case study was done on a young male client diagnosed with Fredrick's Ataxia. As the client is young and is pursuing studies as well as earning, dependency on others for mobility was very depressing and was affecting his performance in social activities and day to day ADL management. So, an extensive Occupational Therapy program was given, to do the complete rehabilitation and to make the client independent in mobility and psychologically healthy. A detailed program of exercises was designed after a complete evaluation of the client. The client's ADL, quality of life and occupational performance were assessed. A mobility training program was administered and follow-up was taken weekly. There was a marked improvement in the stability musculature of the client, which reduced his risk of losing balance and his risk of falling. There was a significant improvement in his independence of mobility at home and in society, which also improves his mental health and confidence.</p> <p><b>Deepa Pradhan (Occupational Therapist; Professor &amp; Head of Dept, Dept of Occupational Therapy, Yenepoya University, Mangalore, India)</b></p>	
09:40	02	<p><b>Global Challenges for Appropriate Wheelchair Provision: Is This Impacting Our Practice?</b></p> <p>Dr Rosemary (Rosie) Joan Gowran (PhD, MSc OT, BSc (Hons) OT), Programme Director Post-Graduate Certificate in Posture Seating and Wheelchair Mobility Across the Life Course, and Lectures in Occupational Therapy, University of Limerick, Ireland. A member of the HRI HIST cluster, Rosie leads the BeWheelWell Centre of Education and Research for Wheelchair User Wellbeing. Rosie is Chair, Occupational Therapy sub-committee and representative on the Disability Advisory Group for the HSE National Clinical Programme for Disability. Sustainable wheelchair and seating provision infrastructure for health and wellbeing is core to Rosie's work. Internationally recognised for research and advocacy and member of the Global Cooperation for Assistive Technology GATE, WHO, Rosie led an international position paper on the Global Challenges to Access Appropriate Wheelchairs, presenting at the Global Report on Assistive Technology GREAT consultation in WHO Headquarters, Geneva, August 2019. Rosie is a member the International Society of Wheelchair Professionals (ISWP) Professionals Standards Board and WHO External Reviewer for the Global Wheelchair Service Guidelines.</p> <p>Appropriate wheelchair and seating assistive technology is often essential for health and wellbeing. Provision has mainly focused on just delivering the wheelchair product, instead of following an evidence-based wheelchair service-delivery process, with few governments having committed to a national wheelchair provision policy, and most providing very limited training for personnel. Evidence suggests: across the life course, the smooth transition to wheelchair use is unpredictable, whether slow or sudden for people and families; wheelchair service delivery, education and training encountered can be perceived as a matter of luck; wheelchair product quality is generally poor, with a need to strengthen quality standard measures; wheelchair funding is either through government or charity; wheelchair provision policy is limited. Restricted access to wheelchairs creates a cycle of poverty and disability. In addition, unreliable systems affect the client-centred relationship. Understanding in-country perspectives and inclusive solutions, which connects with priorities of national governments, is important.</p> <p><i>Reference: Gowran RJ, Bray N, Goldberg MR, Rushton PW, Barhouche Abou Saab M, Constantine D, Ghosh R, Pearlman J. Global Challenges to Access Appropriate Wheelchairs. In N. Layton &amp; J. Borg (Eds.), Global perspectives on assistive technology: proceedings of the GREAT Consultation 2019 (Licence: CC BY-NC-SA 3.0 IGO ed., Vol. A, pp. 175-194). Geneva: World Health Organization. Available from: <a href="https://apps.who.int/iris/bitstream/handle/10665/330371/9789241516853-eng.pdf#page=184">https://apps.who.int/iris/bitstream/handle/10665/330371/9789241516853-eng.pdf#page=184</a></i></p> <p><b>Rosemary "Rosie" Joan Gowran (Occupational Therapist; PhD; Lecturer in Occupational Therapy at University of Limerick)</b></p>	

🕒	#	Schedule Detail <span style="float: right;">v02.01 - 09/03/2023</span>
10:00	03	<p><b>Restructuring Wheelchair and Seating Service Provision to a Paediatric Population with Complex Postural and Cognitive Disabilities: A Sustainable Model of Service (Review 2016-2023)</b></p> <p>Irina Jackson is an occupational therapist and is a Children’s Disability Network Manager for North Dublin. She has worked in a variety of clinical settings and has been delivering postural management solutions to people with complex needs across all age groups throughout her career. Irina led the OT service through COVID and the transition to PDS as an OT Manger in St Michael’s House, Dublin. She is committed to reflective practice and service enhancement and has contributed to a number of international conferences and study days.</p> <p>The Irish healthcare system faces ongoing criticism about service provision. Gowran (2012) urged to build a more sustainable wheelchair and seating provision community in Ireland, to meet service user needs.</p> <p>To identify problems and possible solutions, a clinical audit was carried out (reviewing waiting lists, waiting times, file records and funding applications), and MDT members were consulted. The audit identified inconsistent postural reviews, disjointed MDT goals and an average 9-12 months waiting time for a new seating system.</p> <p>As a result of changes made, all children now receive a systematic postural review by the MDT, to detect changes early and provide timely supports, preventing irreversible postural changes. Funding is secured by the time a new seating system is needed, while staying within existing financial restraints. Further recommendations include the need to improve communication between MDT, medical professionals and carers. A review of the model through the periods of the COVID pandemic and the transition to PDS will be provided.</p> <p><i>Irina Jackson (Children’s Disability Network Manager for North Dublin)</i></p>
10:30		<p><b>Morning Break</b></p>
11:10	04	<p><b>Are Wheelchair Users Really “Co-Workers” in the Process of Wheelchair Assessment and Provision?</b></p> <p>Margaret Kennedy’s career spanned 40+ years in the UK. She was a trainer and consultant on “disability and abuse”. Her PhD studied “clergy sexual exploitation of adult women”. She was awarded the Emma Humphries memorial prize in 2003, a prestigious feminist award. In 2020 she received a Lambeth Award from the Archbishop of Canterbury, the Langton Award for Community Service, for rendering outstanding service to victims and survivors of church-related sexual abuse through founding MACSAS.</p> <p>On returning home to Ireland in 2011, after a diagnosis of a rare neuro-muscular disease, she became concerned about the provision of wheelchairs by the HSE. She was the first wheelchair user to complete the one year post graduate course in Limerick University on “wheelchair and seating”. Though retired, she continues to advocate for survivors of abuse, and campaigns for disability rights and equality.</p> <p>This presentation addresses how professionals relate to and include service users in assessments for wheelchairs and seating. Margaret’s lived experience of wheelchair assessment herself was problematic, and she saw the need for professionals to understand the full meaning of “working together”. She proposes a model of “co assessing”, where service users would be viewed as part of the professional team, not merely “objects of concern”. Her stance is a human rights and equality stance rooted in dignity and respect. Her motto is the universal call of disabled people “nothing about us - without us”.</p> <p><i>Margaret Kennedy (Nurse; Social Worker; Researcher; Wheelchair User; Campaigner for Disability Rights &amp; Equality)</i></p>
11:40	05	<p><b>Becoming a Wheelchair User: Exploring the Experiences of Adults With Spinal Cord Injury as They Adjust to Wheelchair Use</b></p> <p>John Lynch is Clinical Specialist Physiotherapist in the Spinal Cord System of Care in National Rehabilitation Hospital. Having graduated in 2002 from the University of Dublin, he has completed postgraduate studies in the University of Limerick in 2017 and 2020, completing his MSc in Advanced Healthcare Practice. He has a particular interest in spinal cord injury rehabilitation, seating and wheelchair mobility.</p> <p>Title: Becoming a wheelchair user: exploring the experiences of adults with spinal cord injury as they adjust to wheelchair use. Method: Participants were recruited from their inpatient population undergoing their first period of rehabilitation following SCI, and for whom wheelchair use has been identified as a long-term outcome. Results: Seven people participated in the research. All interviews were within the first 6 months post-injury. Four themes emerged to convey experiences “Oh My God! That’s my chair?!”, “The Circle of Support”, “Acceptance &amp; Adjustment”, “Regaining Independence”. Conclusion: A variety of factors that influence adjustment to becoming a wheelchair user post-SCI. Initial introduction to wheelchair use and the process of getting a wheelchair for the first time is expressed, supported by staff, family and peers is crucial for acceptance and adjustment. Realising the benefits of the wheelchair for regaining independence and maximising participation is an important part of accepting the wheelchair.</p> <p><i>John Lynch (Clinical Specialist Physiotherapist in Spinal Cord System of Care at National Rehabilitation Hospital, Dublin)</i></p>

🕒	#	Schedule Detail <span style="float: right;">v02.01 - 09/03/2023</span>
12:00	06	<p><b>Untangling the Complicated, the Complex and the Wicked: How Can Interdisciplinary Teams Help?</b></p> <p>Dr Isweri Pillay is the clinical lead for Integrated Care for the Older Person (ICPOP) in Cork University Hospital (CUH) and for the Frailty at the Front Door Team in CUH. She completed her specialist training both in Ireland and the UK. She is a jobbing emergency department based Geriatrician and clinical lead for the Diploma in Medicine for the Older Person for the Royal College of Physicians in Ireland. Her special interests are interdisciplinary team working and integrated care.</p> <p>The delivery of healthcare is multi-layered, multi-faceted, dynamic, and both fact and opinion based. It is full of complicated, complex, and wicked problems. Applying linear solutions to healthcare problems will partially solve some but not all of the problems faced by user groups of the system. Interdisciplinary teams have the potential to harness shadow systems in healthcare, nimbly analysing problems and creating bespoke solutions, creating a harmonised whole solution for each individual; often by transcending traditional boundaries. A case-based approach to problem solving is presented.</p> <p><i>Isweri Pillay (Geriatrician, Educator)</i></p>
12:30		<p><b>Lunch + IPMN Meeting</b></p>
14:10	07	<p><b>The AOTI Seating and Posture in Occupational Therapy Advisory Group (SPOT AG): Our Journey and Future Plans</b></p> <p>Susie Kelly is a Senior Occupational Therapist and is current chairperson of the AOTI Seating and Posture in Occupational Therapy advisory group. Susie worked in a specialised wheelchair and seating service in Auckland, New Zealand from 2009-2011 which is where she developed an interest in this area. She returned to Ireland and worked in St James's Hospital in Dublin from 2011-2017. She established a wheelchair and seating therapist role in St James's and a large part of this role was providing support to staff working with clients with complex seating needs. Susie has been working in a primary care setting in Leopardstown in Dublin since 2018, and wheelchair and seating provision continues to be an important aspect of her working life.</p> <p>An overview of our work over the last few years, and an outline of the future plans of the AOTI Seating and Posture in Occupational Therapy Advisory Group (SPOT AG). SPOT AG is a group of occupational therapists from various service areas who have a special interest in, and passion for, all aspects of seating and postural management, including wheelchair and specialised seating provision, pressure care management and 24 hour postural management. SPOT AG aims: to promote the role and specialist skills of occupational therapists in the areas of seating and posture management; to promote evidence based practise for all occupational therapists involved in seating and postural management; and to ensure the service users' experience is of the highest quality. We work with service users, AOTI, HSE, government and policy makers to inform them of current services and to promote equitable services for all.</p> <p><i>Susie Kelly (Occupational Therapist, SPOT AG Chairperson)</i></p>
14:30	08	<p><b>Repositioning for Prevention of Pressure Ulcers: Systematic Review</b></p> <p>Dr Pinar Avsar is currently a lecturer and programme director in the Skin, Wounds and Trauma Research Centre (SWaT) in the School of Nursing and Midwifery, RCSI. Her MSc and PhD interests are in the area of wound care, with a strong focus on pressure ulcer prevention. Her postdoctoral research mainly focuses on developing an algorithm based on activity and mobility for pressure ulcer prevention.</p> <p>The aim of the presentation is to discuss the effects of different repositioning regimens on pressure ulcer (PU) incidence, in at-risk adult individuals. Using systematic review methodology, randomised controlled trials (RCTs), including cluster-RCTs, prospective non-RCTs, pre post studies and interrupted-time-series studies were considered. PU incidence was 8%, for more frequent repositioning, versus 13% for usual care. It was suggested that there is a 25% reduction in the odds of PU development in favour of more frequent repositioning. PU incidence was 2%, for the repositioning system, versus 5.5%, for standard of care. It was suggested that there is a 74% reduction in the odds of PU development when a repositioning system is used, with the true population parameter being 95% reduction to a 29% increase in PU development. More frequent repositioning and use of a turn team reduce PU incidence. However, given the low certainty of evidence, results should be interpreted with caution.</p> <p><i>Pinar Avsar (Nurse; PhD; Researcher; Lecturer &amp; Programme Director in Skin Wounds and Trauma Research Centre, RCSI)</i></p>

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14:50	09	<p><b>Selection, Placement and Fixation of Flexible Postural Support Devices in Seating</b></p> <p>Barend ter Haar has been working in Assistive Technology for more than 30 years, and in that time has been involved in the creation of the ISO 16840 series of Wheelchair Seating Standards and more recently a British Standard on PSDs. He lectures around the world, and writes a monthly column for THHS magazine.</p> <p>Postural support devices, have a specific purpose, which is to support an individual, to help maintain and increase day-to-day functionality, and to protect against the development of skeletal deformities, or to correct them. These devices are not to be confused with belts and similar devices designed to act as vehicular occupant restraints. This presentation reviews BS 8625:2019 “Selection, placement and fixation of flexible postural support devices in seating” which specifies the selection and placement of positioning supports when used in seating systems and chairs, including wheelchairs and bathroom equipment and, where applicable, hoists. The standard covers principles and recommended best practices, encompassing restraint vs positioning, safety, paediatric needs, materials, and transportation. It also contains annexes for: measurement of the person; measurement of a device; difficulty relationship between the operability of a PSD and the cognitive and/or physical dexterity level of an occupant; mounting devices; and prevention of risk of asphyxiation.</p> <p><i>Barend ter Haar (BSc DPhil; Director BES Healthcare Ltd; Product Specialist; Educator)</i></p>	
15:30		<p><b>Comfort Break</b></p>	
15:40	10	<p><b>3D Printing of Custom-Contoured Wheelchair Cushions</b></p> <p>Now manager of Enable Ireland’s SeatTech Service, John’s introduction to the field of posture and mobility came through undergraduate work for the OT department in the Royal Hospital Donnybrook. This experience led on to a MEngSc, the subject of which was wheelchair design. Since completing this Masters in 2001, John has worked as Clinical Engineer for Enable Ireland SeatTech, NovitaTech Adelaide, and the RBWH Brisbane Rehabilitation Engineering Centre (Australia). He has contributed to International Standards development, seating research and design, and transport safety.</p> <p>Computer numerically controlled (CNC) manufacturing is the latest technique for producing custom-contoured wheelchair seating. This method uses moulding bags to capture the shape of the end user, after which the contours of the moulding bag are converted into a digital model using a contact or non-contact scanner. The model is prepared for CNC production and the cushion or back support is carved from a block of foam. This project hypothesised that 3D printing custom seating systems would lower the costs of manufacturing; decrease the production time necessary to make a system; lower material waste during manufacturing; and lower the risk of pressure injury in users by designing and producing seats with less insulating properties. Full-sized custom contoured wheelchair seat cushions were 3D printed. These prototypes underwent bench testing and user trials and further iterative design. There is still a way to go to arrive at a marketable solution, but we can conclude at this point that 3D printing technologies can be used to produce custom contoured wheelchair seating.</p> <p><i>John Tiernan (Clinical Engineer, Researcher)</i></p>	
16:00	11	<p><b>3DAssist Tallaght: A Vehicle for Civic Engagement Within the Third Level Sector</b></p> <p>Robbie O’Connor is a Chartered Engineer and full-time lecturer at the Technological University Dublin, Tallaght Campus. Robbie is the chairman and founder of the registered charity, 3DAssist Tallaght. Robbie started his engineering career in 1990 as an oil well logging engineer for Schlumberger Ltd, working on various oil platforms in the North Sea. Robbie returned to formal education in 1996 to complete a master’s degree in Environmental Engineering at UCD. Robbie has been a full-time lecturer since 1998.</p> <p>Fundamentally, engineering is about improving people’s quality of life and serving the greater good of our community. This presentation considers the developments and application of community engagement by the “3DAssist Tallaght” in a third level institution. The “3DAssist Tallaght” group is a registered charity made up of students, past students and staff at Technological University Dublin, Tallaght. It was set up in January 2015 with a view to 3D printing prosthetic hands and arms for people who need them. To date, it has manufactured over 60 prosthetic hands and arms for recipients in Ireland and the UK. It has also designed and manufactured assistive devices for visually impaired children and their teachers. The group is made up of volunteer staff members and approximately 12 student members. All its costs are covered through fundraising efforts of staff and students. It has been observed that students involved with 3DAssist have benefited from increased engagement with the community, collaboration with students from other courses and years and interaction with recipients of the devices and their families.</p> <p><i>Robbie O’Connor (Engineer; Chairman of 3DAssist Tallaght; Lecturer at Technological University Dublin, Tallaght, Dublin)</i></p>	
16:20	--	<p><b>Closing Address</b></p>	
16:30		<p><b>Finish</b></p>	

# Presenter Contact Information

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<p> <b>Barend ter Haar</b></p> <p> Product Specialist; Educator</p> <p> BES Healthcare Ltd, 131 South Liberty Lane, Ashton Vale, Bristol BS3 2SZ, UK</p> <p> +44 7932 104747</p> <p> barend@beshealthcare.net</p>	<p> <b>Dr Deepa Pradhan</b></p> <p> Occupational Therapist; Educator; Professor; Head of Dept</p> <p> Department of Occupational Therapy, Yenepoya University, Deralakatte, Mangalore, Karnataka, India</p> <p> +91 9819 935748</p> <p> deepapradhan@yenepoya.edu.in</p>
<p> <b>Irina Jackson</b></p> <p> Occupational Therapist; Children's Disability Network Manager</p> <p> St Michael's House, Adare Green, Kilmore, Coolock, Dublin D17 EN84, Ireland</p>	<p> <b>Dr Iswari Pillay</b></p> <p> Geriatrician, Educator</p> <p> Cork University Hospital (CUH), Wilton, Cork</p> <p> iswari.pillay1@hse.ie</p>
<p> <b>John Lynch</b></p> <p> Clinical Specialist Physiotherapist</p> <p> National Rehabilitation Hospital, Rochestown Avenue, Dun Laoghaire, Co Dublin, Ireland</p> <p> john.lynch@nrh.ie</p> <p> <a href="https://twitter.com/JohnLynchPT">https://twitter.com/JohnLynchPT</a></p>	<p> <b>John Tiernan</b></p> <p> Clinical Engineer; Manager</p> <p> SeatTech, Enable Ireland, Sandymount Avenue, Dublin 4</p> <p> +353 85 7333388</p> <p> jtiernan@enableireland.ie</p> <p> <a href="http://www.enableireland.ie/services/seattech">www.enableireland.ie/services/seattech</a></p>
<p> <b>Dr Margaret Kennedy</b></p> <p> Disability Activist; Retired Lecturer in Social Work</p> <p> 28 St Crispin's, Redford Park, Greystones, Co Wicklow, Ireland</p> <p> +353 85 8529924</p> <p> magsken57@gmail.com</p>	<p> <b>Dr Pinar Avsar</b></p> <p> Nurse; Postdoctoral Researcher; Educator</p> <p> Royal College of Surgeons in Ireland (RCSI), 123 St Stephen's Green, Dublin D02 YN77, Ireland</p> <p> +353 1 4022100</p> <p> pinaravsar@rcsi.com</p> <p> <a href="https://www.rcsi.com/dublin">https://www.rcsi.com/dublin</a></p>
<p> <b>Robbie O'Connor</b></p> <p> Engineer; Lecturer; Chairman of 3DAssist Tallaght</p> <p> School of Engineering, TU Dublin, Blessington Rd, Tallaght, Dublin D24 FKT9, Ireland</p> <p> +353 87 9622003</p> <p> robbie.oconnor@tudublin.ie</p> <p> <a href="https://www.facebook.com/3DAssistTallaght">https://www.facebook.com/3DAssistTallaght</a></p>	<p> <b>Dr Rosemary Gowran (Rosie)</b></p> <p> Occupational Therapist; Lecturer (MSc Occupational Therapy)</p> <p> University of Limerick, Castletroy, Limerick, Ireland</p>
<p> <b>Susie Kelly</b></p> <p> Occupational Therapist; Chairperson of SPOT AG</p> <p> Leopardstown Primary Care Centre, Unit 12 Leopardstown Shopping Centre, Ballyogan Rd, Dublin 18</p> <p> +353 1 2996602</p> <p> spotag@aoti.ie</p>	<p> <b>IPMN</b></p> <p> info@ipmn.ie</p> <p> education@ipmn.ie</p>

## Registration & Ticket Purchase

**Booking** will open on Tue 21/02/2023. To purchase a ticket, please visit our website at: <https://ipmn.ie>

## Useful Information

Please see below for some important information relating to the venue and the format of the day.

- The venue is the **Edmund Burke Theatre** in the **Arts Building** of **Trinity College, Dublin**.
- Enter Trinity via any gate (**Nassau Street** is closest). Enter the Arts Building through the main doors.
- **Registration** will be in a booth, on the right-hand side of the Arts Building entrance lobby. Show your ticket (printed or on phone) to gain entry.
- Follow the signs to the Burke Theatre, or ask for directions. Lifts are available. From the registration booth, proceed down 1 flight of stairs. Turn left. Down 1 more flight of stairs. Straight ahead to the tea and coffee reception area. The theatre is on your right. Lift access is at the rear of reception area.
- See the **map** below for location of college, venue building, restaurant and so on. Or take a **virtual tour** starting at the building entrance: <https://bit.ly/3QFuhTQ> or the auditorium: <https://bit.ly/3W8mCyx>
- **Getting There**  
Public transport options are very good and include:
  - Bus** Multiple routes and stops: <https://bit.ly/40SDLQn>
  - Dart** Tara Street or Pearse Street station
  - Luas** Green line: Dawson Street stop; Red line: Abbey Street stopFor more detailed information on transport options, and getting to Trinity College, visit:  
<https://www.tcd.ie/healthytrinity/travel/public%20transport.php>  
<https://www.tcd.ie/maps/directions.php>
- **Parking** is not available within the college. There are many car parks nearby, at a cost of €15 to €40 for 10 hours. For more information on car park locations and rates visit: <https://bit.ly/3CP2YAJ>
- **Tea and Coffee** will be provided on arrival and during the morning break.
- **Lunch** will be provided for all attendees. Vouchers will be provided for use in the Dining Hall or Buttery restaurants (on campus, 2 minutes from the theatre). Please advise us of any specific dietary requirements when purchasing your ticket. Wheelchair access to the Dining Hall is via a lift.
- The cost of lunch and tea or coffee is included in the price of the ticket.
- **Registration** opens at **08:30**. Get there early to sign in quickly and maximise your networking time!
- The event will run from **08:45 to 16:30**.
- **Presentation slots** are typically **12 mins**, with **5 mins** for **questions**, and 3 mins for switchover between presenters. Please make every effort to adhere to these times, by being in your place on time for the start of the day and following breaks, and by cooperating to keep Q&A sessions within the time.
- **CPD points** are available for Engineers Ireland members.
- All attendees are encouraged to participate in the development of IPMN, and **new committee members** are **always welcome**. Please enquire on the day if you'd like to get more involved.
- If you would like to **present at next year's event**, please get in touch with us at: [education@ipmn.ie](mailto:education@ipmn.ie)

If you would like further information about IPMN, please visit our website at: <https://ipmn.ie>

Please contact us if you have any questions or queries, at: [info@ipmn.ie](mailto:info@ipmn.ie).

Thanks for supporting this important yearly event! We know you'll enjoy it!

- The **map** below indicates the location of the college, the venue building, and the main restaurant.
- **Virtual tour** starting at the entrance to the Arts Building: <https://bit.ly/3QFuhTQ>
- **Virtual tour** of the auditorium (the Edmund Burke Theatre): <https://bit.ly/3W8mCyx>

